

# FINAL PROGRAM



## 3<sup>RD</sup> INTERNATIONAL CONFERENCE ON OBESITY AND WEIGHT MANAGEMENT

 **05**  
**JUNE, 2026**



### Note:

- The conference follows Greenwich Mean Time for Virtual sessions.
- Virtual presentations which takes place in Zoom meetings in Greenwich Mean Time (GMT).
- Sometimes there may be small changes in the program due to technical problems or presenters not showing up. To avoid missing any presentations, all presenters are asked to be available for the entire day of their presentation. When the program refers to Local Timings, it means that the timing mentioned is based on the time zone of the presenter's country.

# JUNE 05, 2026

Friday

Greenwich Mean Time (GMT)

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09:30-09:45 Registrations & AV check

09:45-10:00 Opening Ceremony and Introduction

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GMT

Local Timings

## ORAL PRESENTATIONS

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| 10:00-10:30 | 18:00-18:30 | <b>Title:</b> Role of Conjugated-Bile Acids (C-BAs) in hypernutrition-associated liver metastasis of colorectal carcinoma<br><b>Feng He</b> , Shanghai University of Traditional Chinese Medicine, China                  |
| 10:30-11:00 | 16:00-16:30 | <b>Title:</b> Understanding Obesity Through the Lens of Human Physiology: A Systematic Review of Its Prevalence and Underlying Mechanisms<br><b>Renuka Sharma</b> , Sharda University, India                              |
| 11:00-11:30 | 16:30-17:00 | <b>Title:</b> Associations of vitamin D with metabolic syndrome components in Indian urban middle-aged women<br><b>Pranita Ashok</b> , Bharati Vidyapeeth Deemed University, India  |
| 11:30-12:00 | 17:00-17:30 | <b>Title:</b> Functional and Nutritional Potential of Makhana ( <i>Euryale ferox</i> Salisb): A Scientific Review<br><b>Akanksha Yadav</b> , Shree Guru Gobind Singh Tricentenary University, India                       |
| 12:00-12:30 | 17:45-18:15 | <b>Title:</b> Causes, Impacts and Prevention of Obesity and Weight Management<br><b>Kedar Nath Nepal</b> , Herd International, Nepal  |
| 12:30-13:00 | 13:30-14:00 | <b>Title:</b> Impact of Processed Foods on Childhood Obesity<br><b>Ahmad Salisu Yahaya</b> , Health-Wise Diet-Clinic, Nigeria   |
| 13:00-13:30 | 08:00-08:30 | <b>Title:</b> Beyond Willpower: Neurobiological Insights and Practical Tools for Emotional Eating<br><b>Akshra Verma</b> , Southern Illinois University School of Medicine, USA   |
| 13:30-14:00 | 09:30-10:00 | <b>Title:</b> A Metabolic Companion Platform in the Post-GLP-1 Era: Clinical, and Economic Perspectives<br><b>Lloyd Tran</b> , Bioxentra Life Sciences, Inc, Canada   |
| 14:00-14:30 | 17:00-17:30 | <b>Title:</b> IL-6 – 174G/C polymorphism in obese adolescents with nonalcoholic fatty liver disease and its relation to metabolic and biochemical markers<br><b>Ramy M. El-Sherbini</b> , National Research Centre, Egypt |

## KEYNOTE PRESENTATIONS

14:30-15:10

10:30-11:10

**Title:** The Invisible Brake™: A Neural Performance Framework for Addressing the Psychological Barriers Behind Obesity and Behavioral Change

**Noah St. John**, Neural Performance Specialist, USA

15:10-15:50

10:00-10:50

**Title:** Nutrition + gentle strength: Preventing SARCOPENIA for a vibrant life

**Benjamin Sley**, Texas Bar Association, USA

## ORAL PRESENTATIONS

15:50-16:20

11:50-12:20

**Title:** Linkage of Obesity and Other Chronic Diseases: Unified Theory of Neurodegenerative, Metabolic and Cardiovascular Diseases

**Lloyd Tran**, Bioxentra Life Sciences, Inc, Canada



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